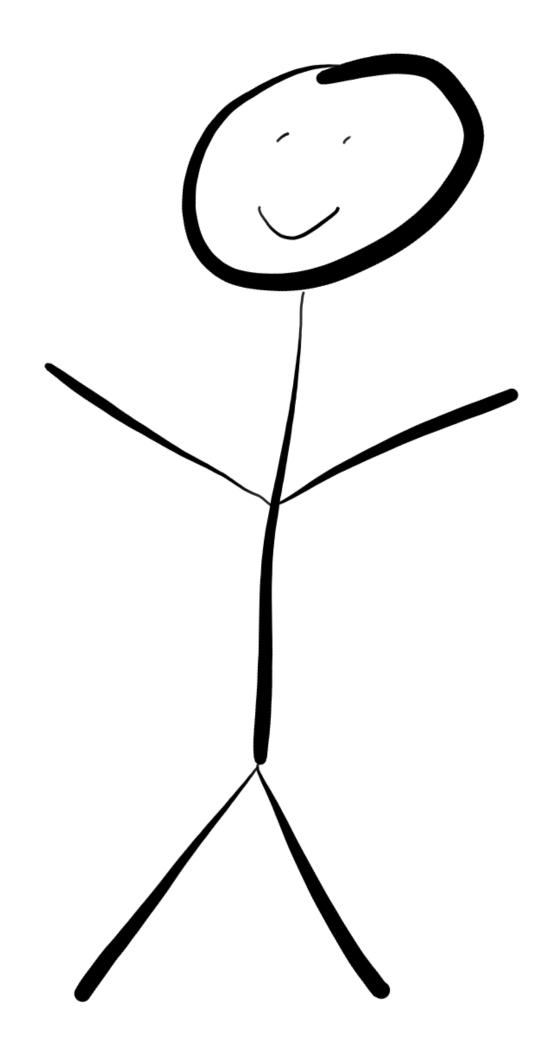
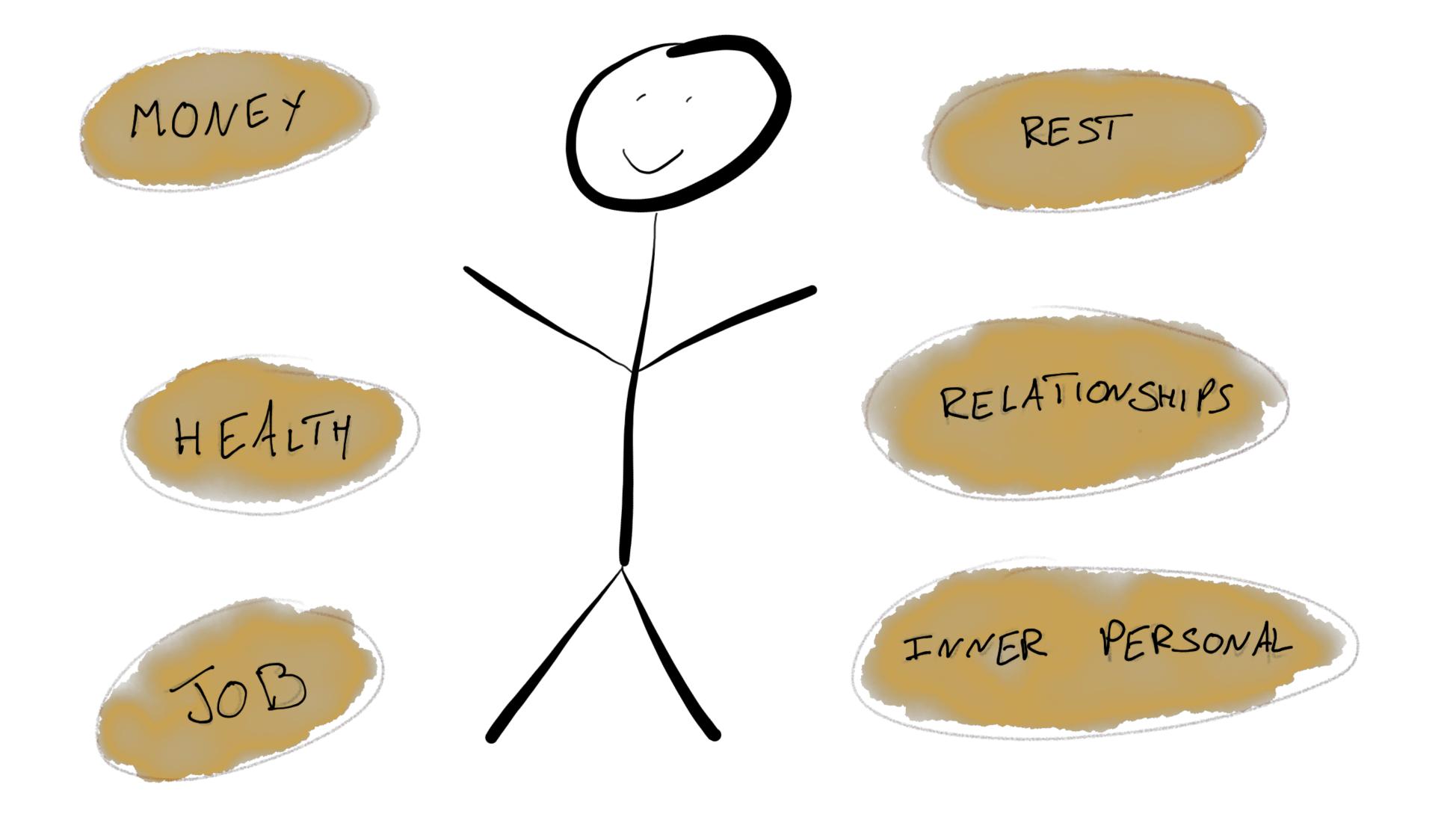


LIFE IS GRAZIBUSY

And You Can't Manage Everything All the Time

WHY IS LIFE SO BUSY?





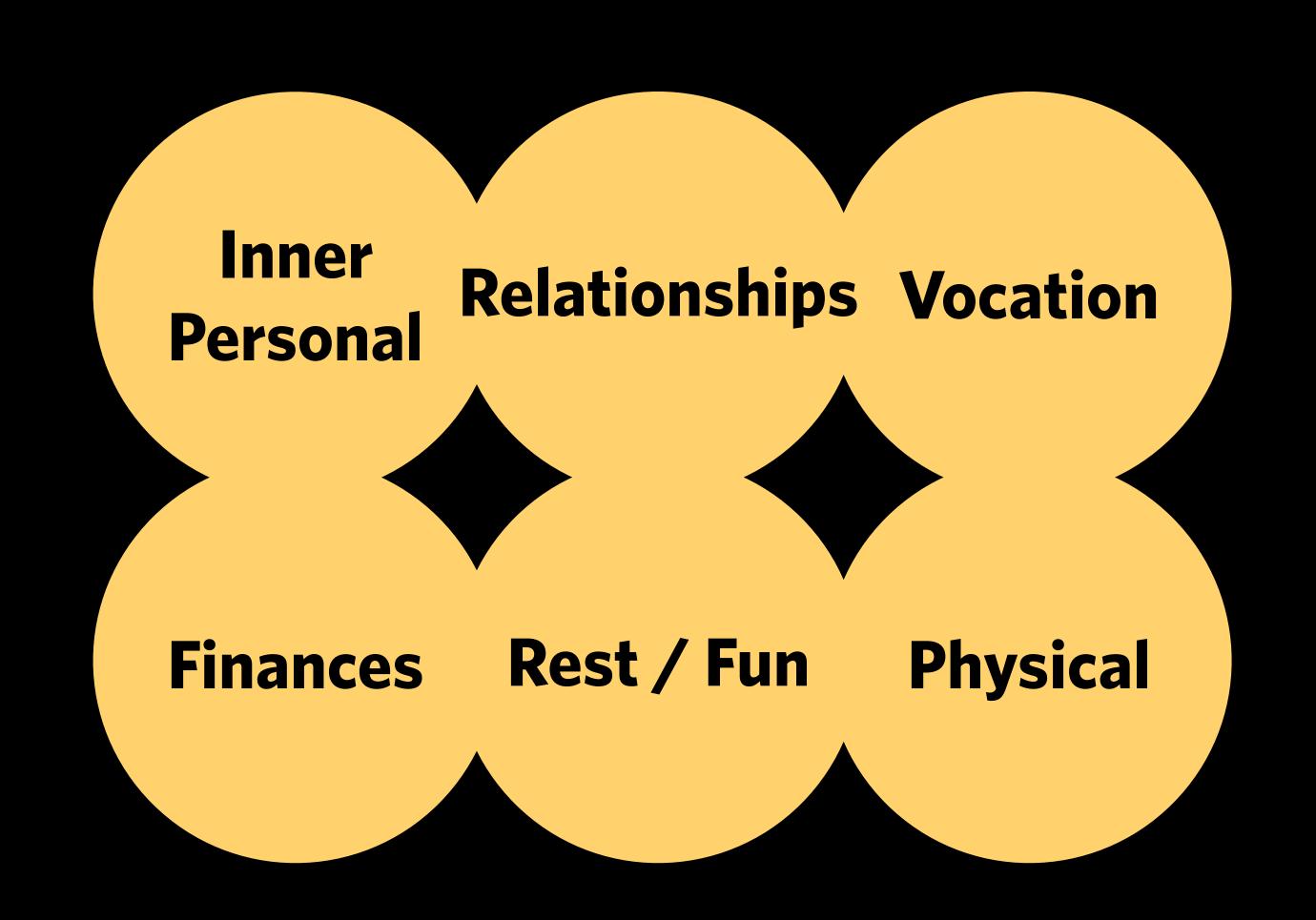
Inner Relationships Personal

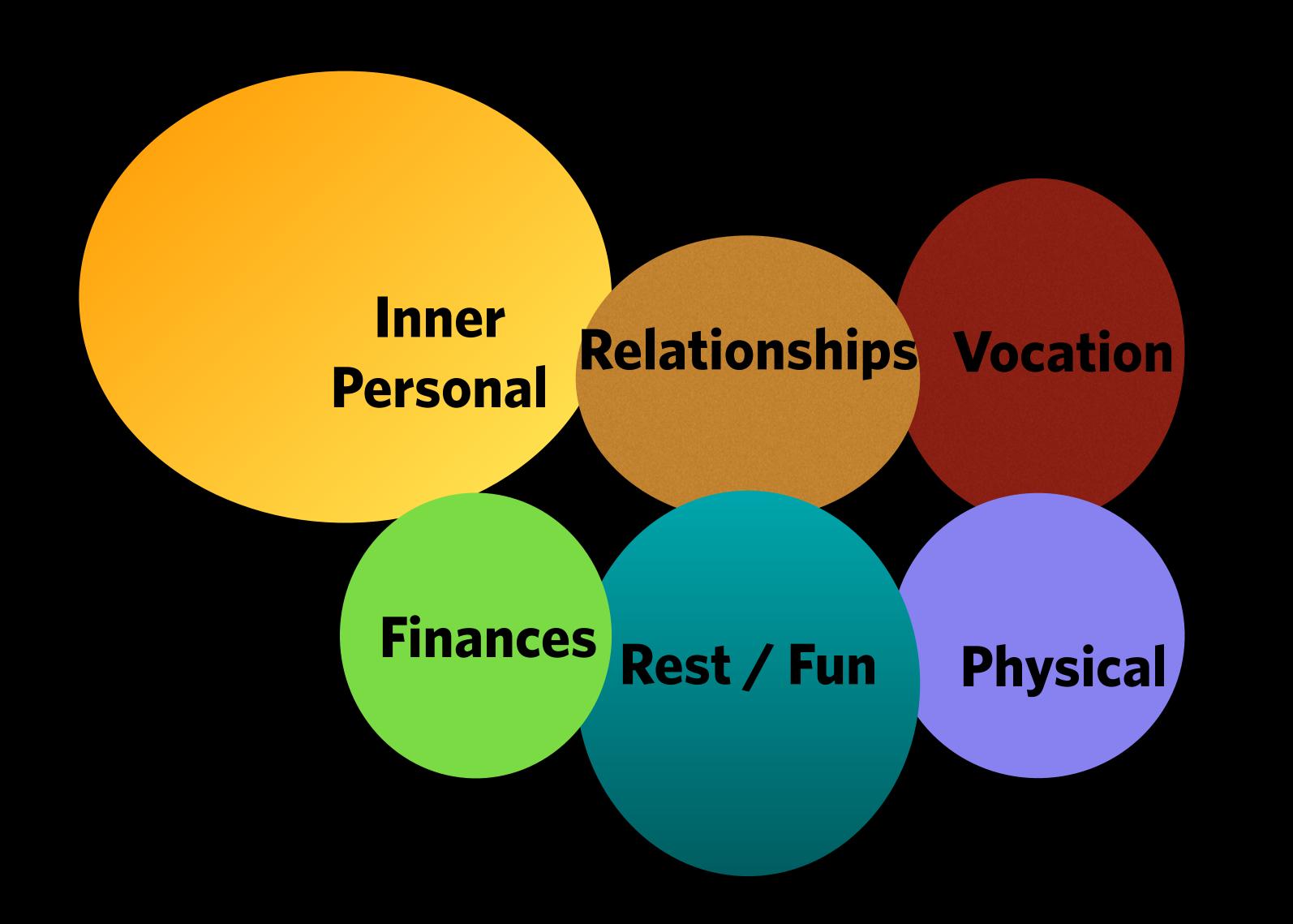
Vocation

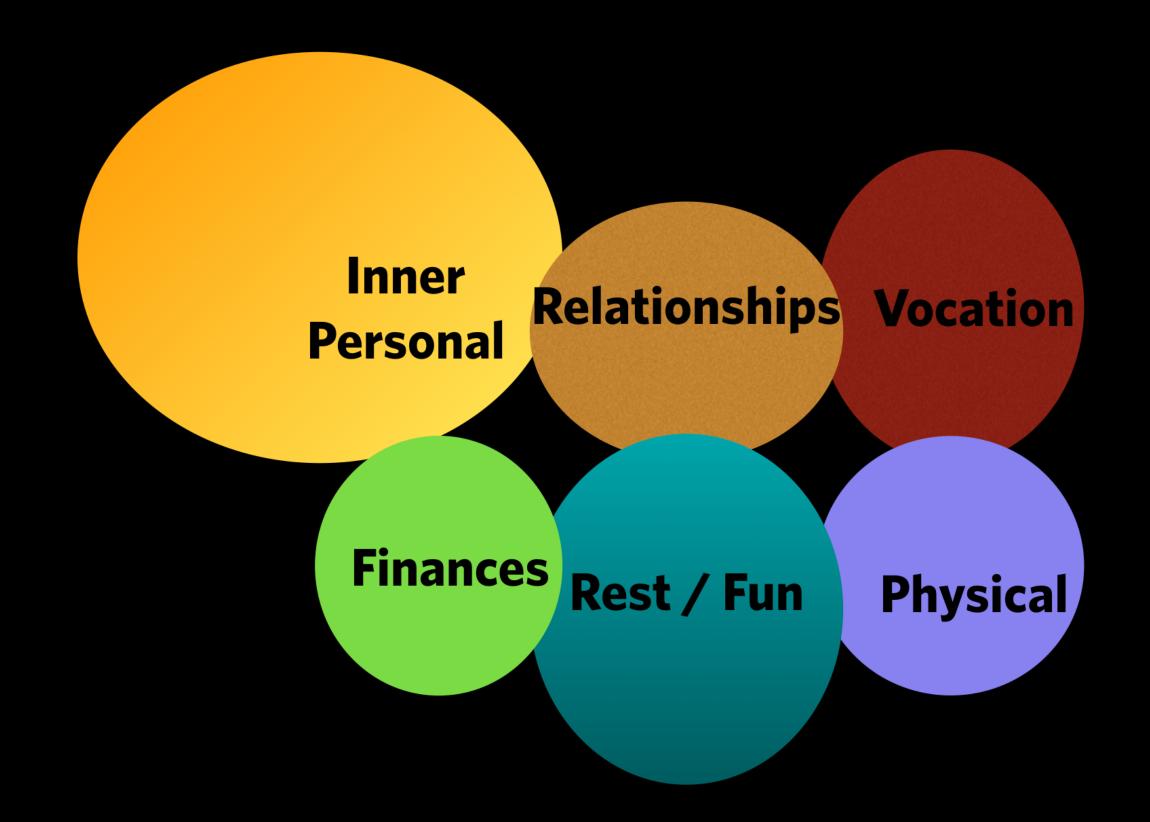
Finances

Rest / Fun

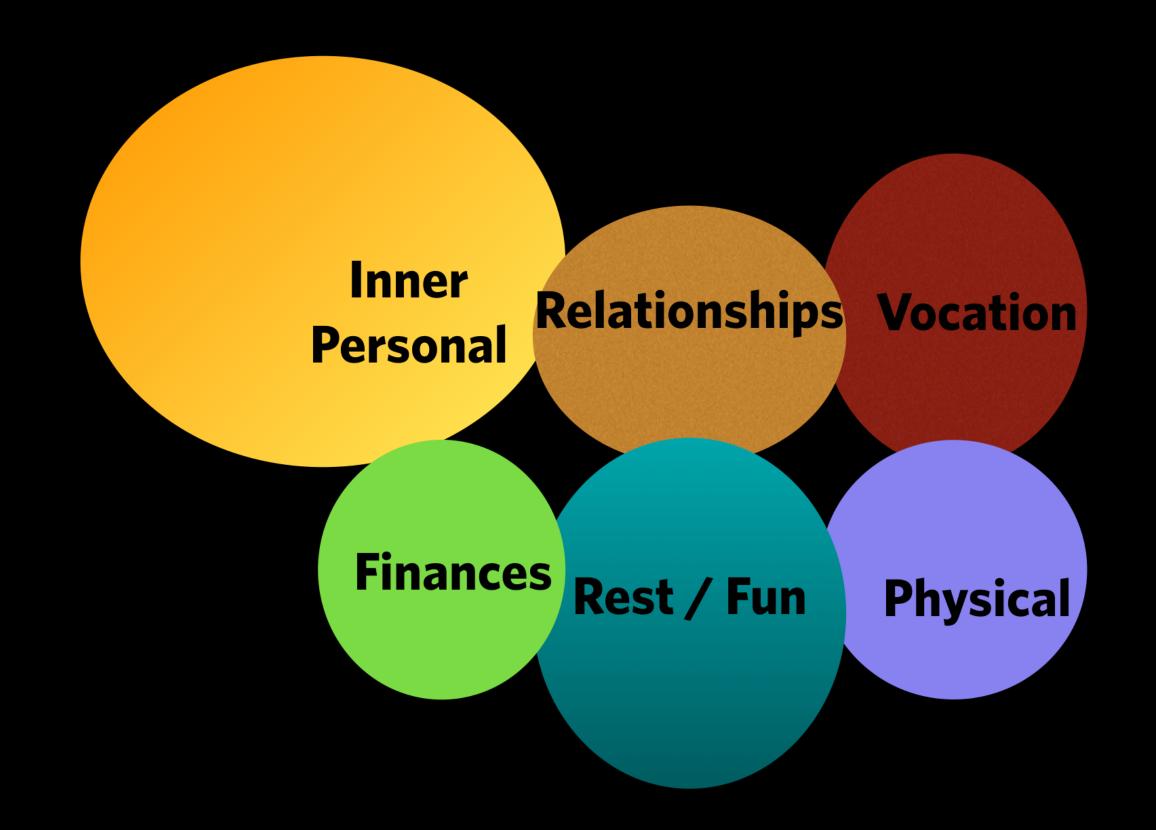
Physical



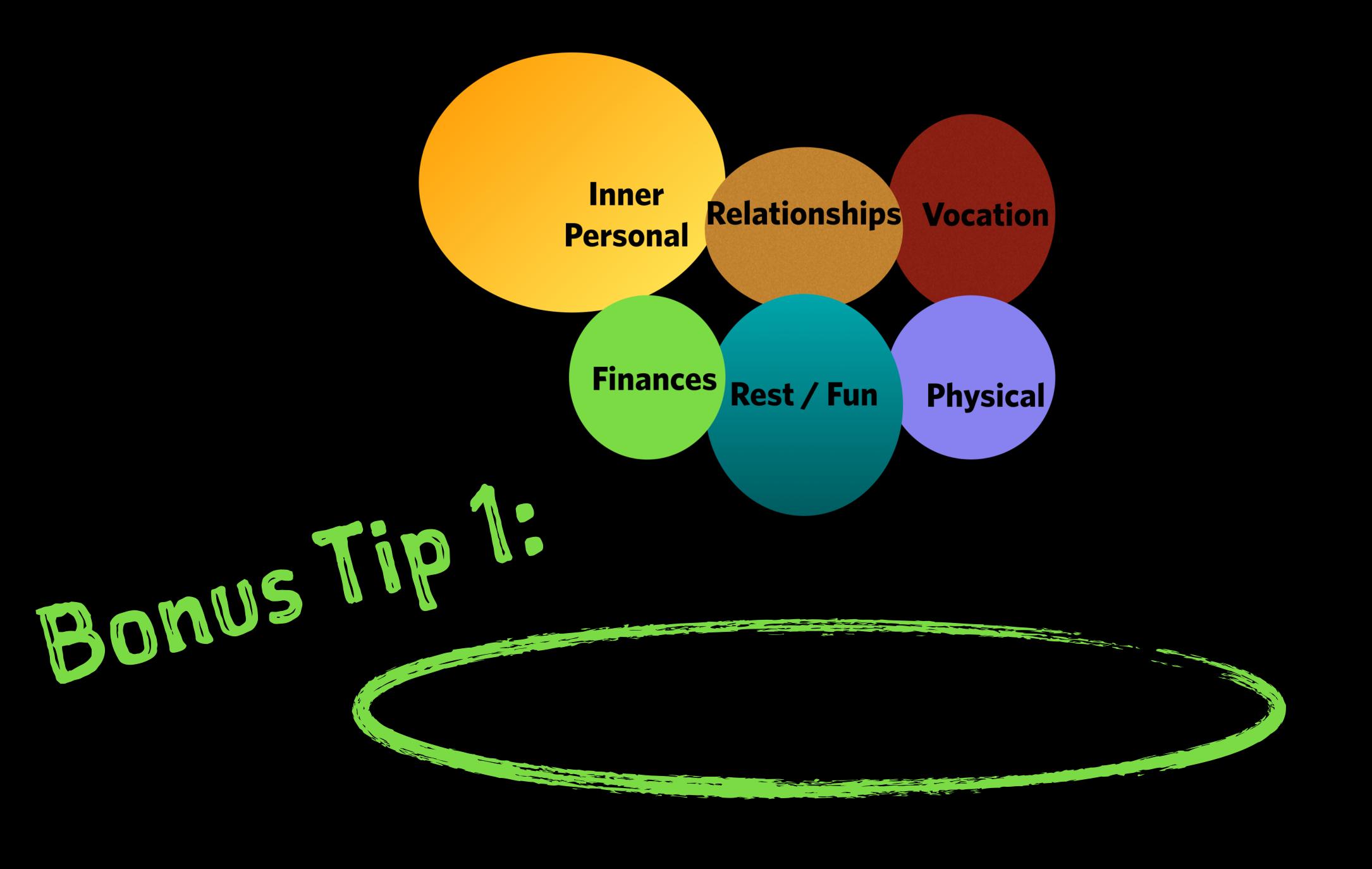


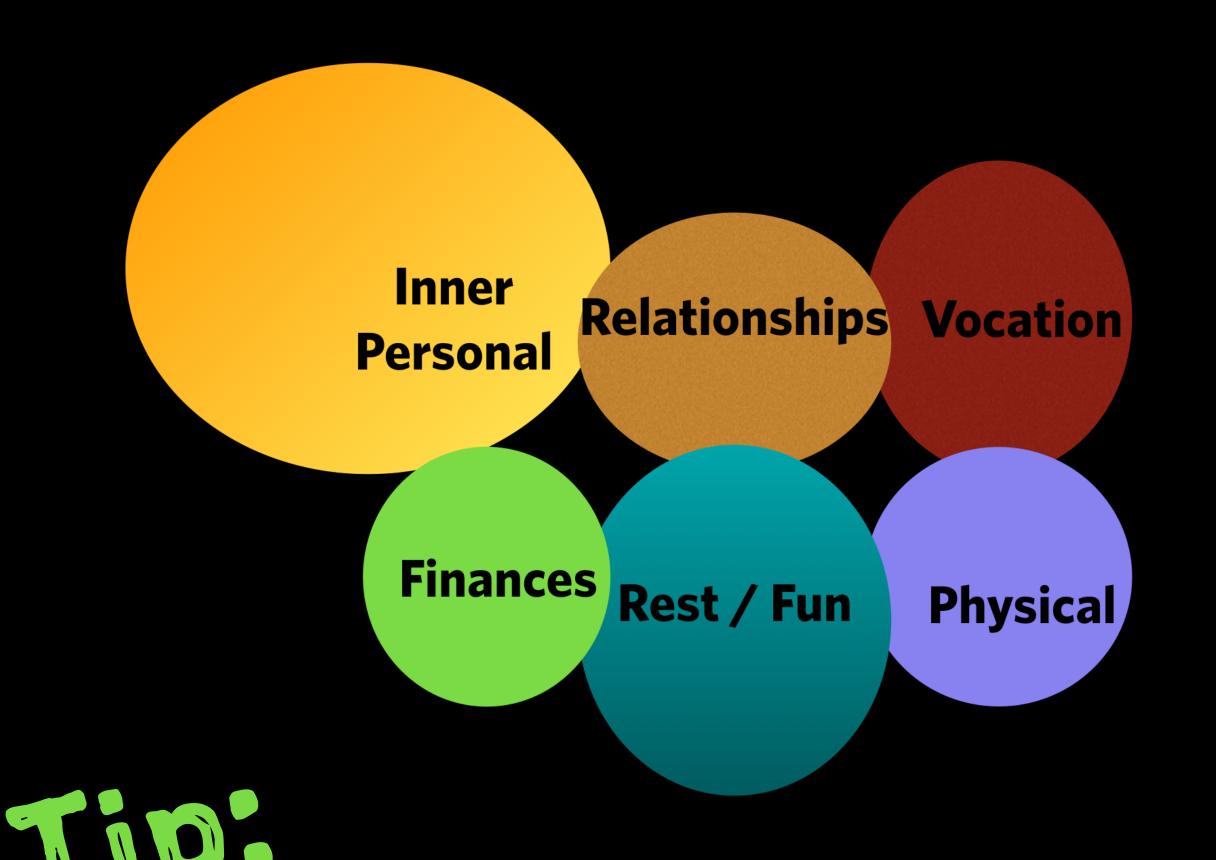


No wonder life feels crazy busy

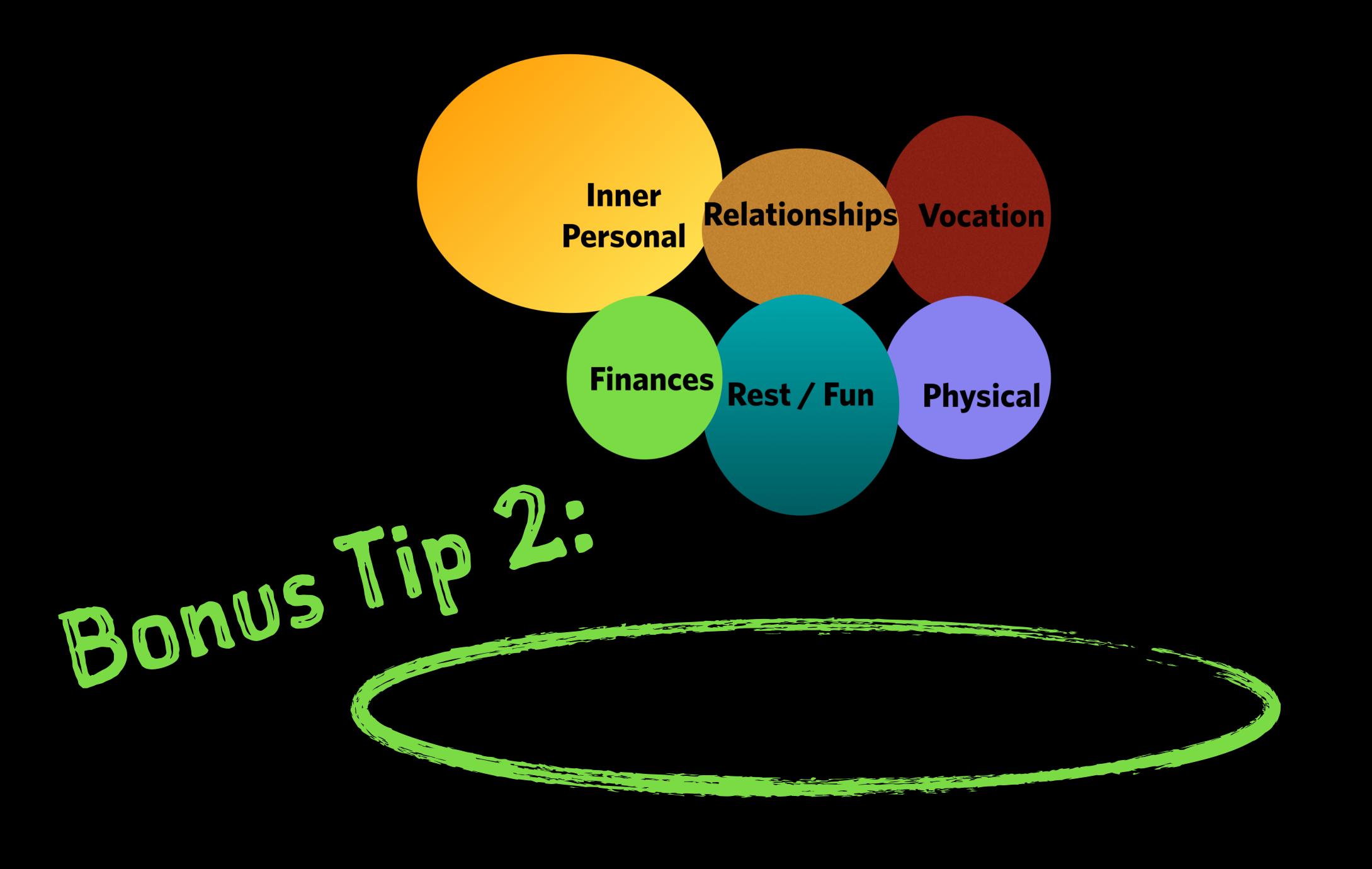


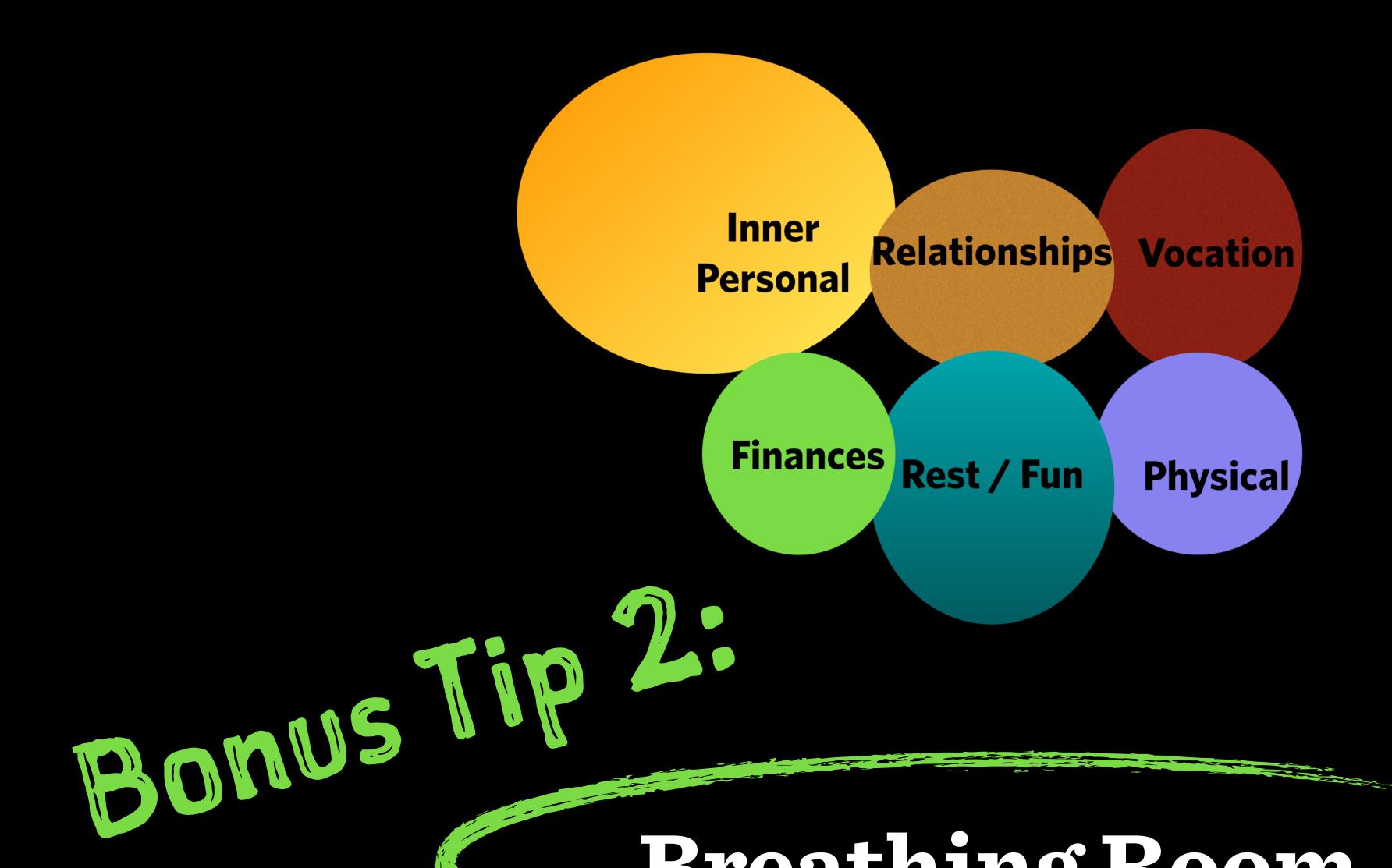
Which area feels most important to you right now? Let us know in the chat.





Bonus III.
One Focus at a Time

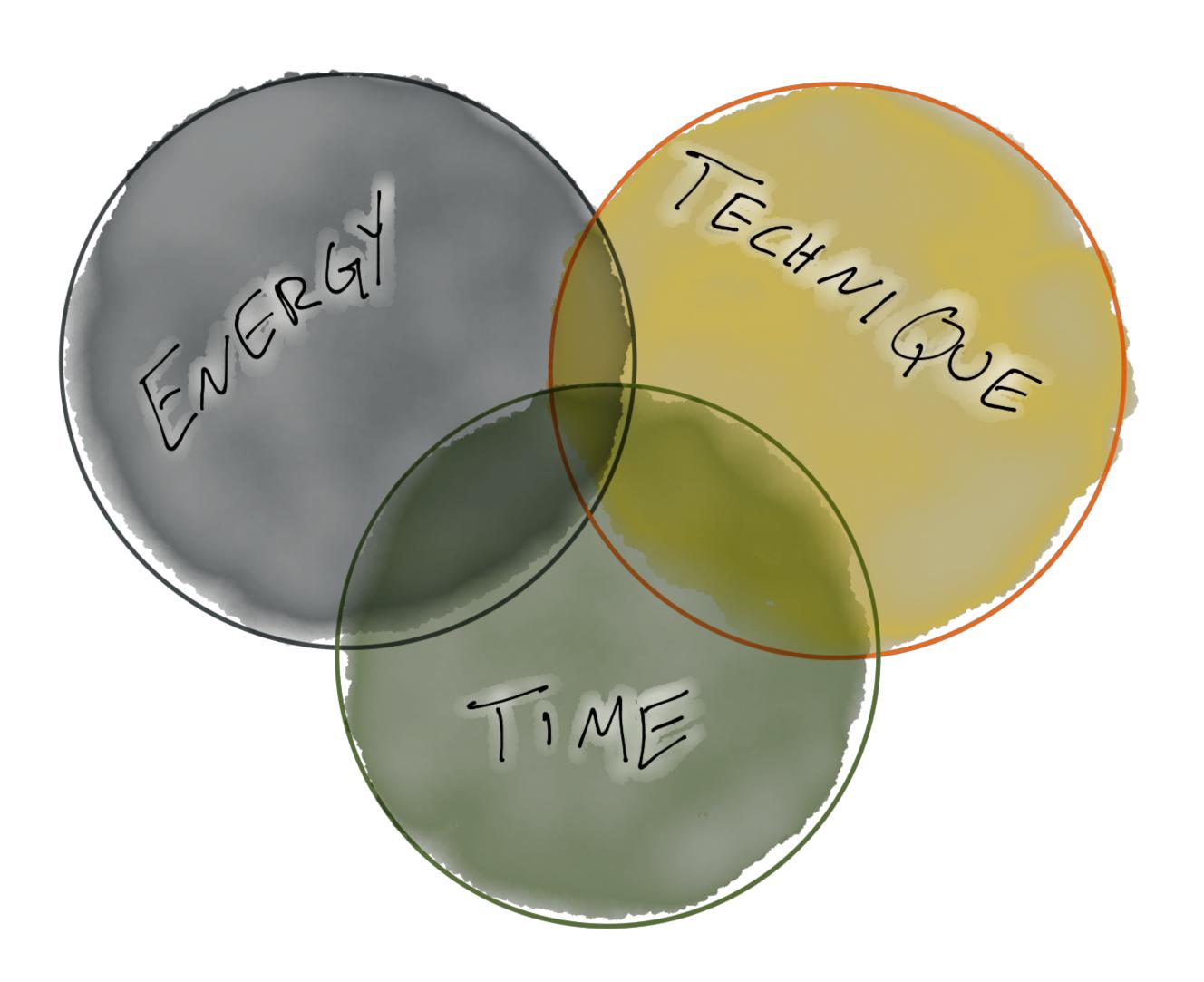




Breathing Room

HOW TO GET IT ALL DONE?

HOW TO GET RESULTS









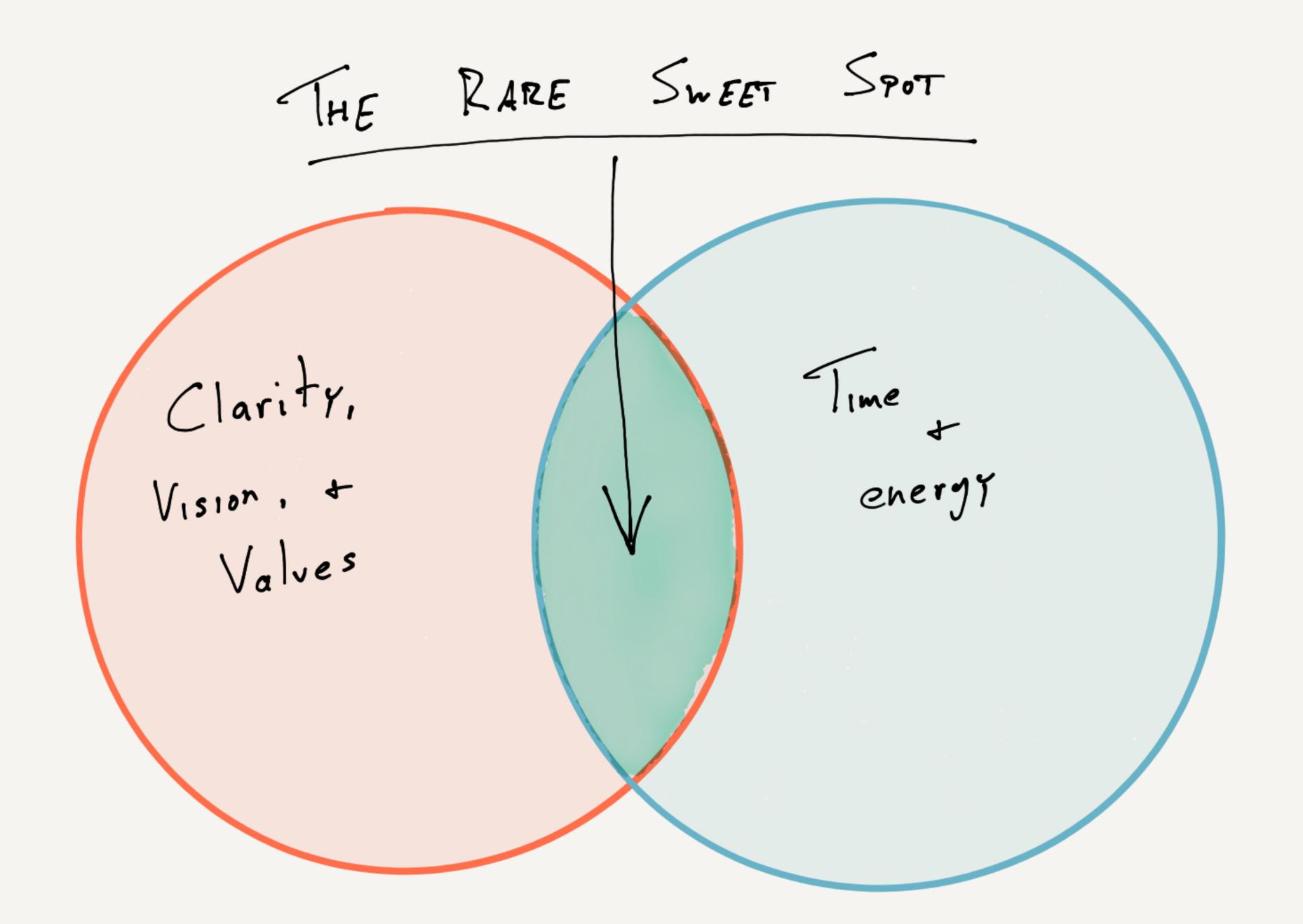
WHY SYSTEMS MATTER



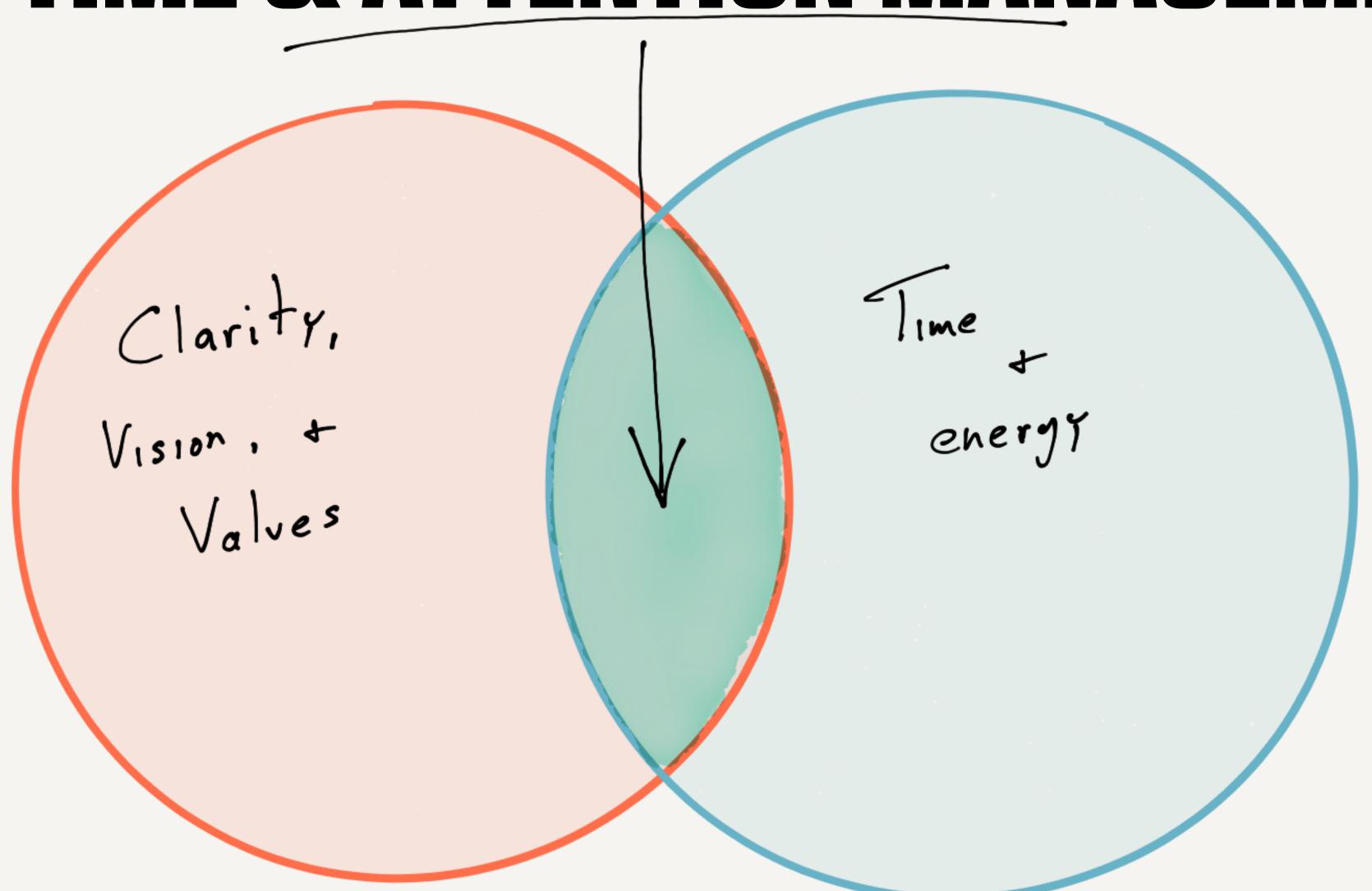
"There is nothing more unproductive than to build something efficiently that should not have been built at all."

— Milt Bryce

MEANINGFUL PRODUCTIVITY



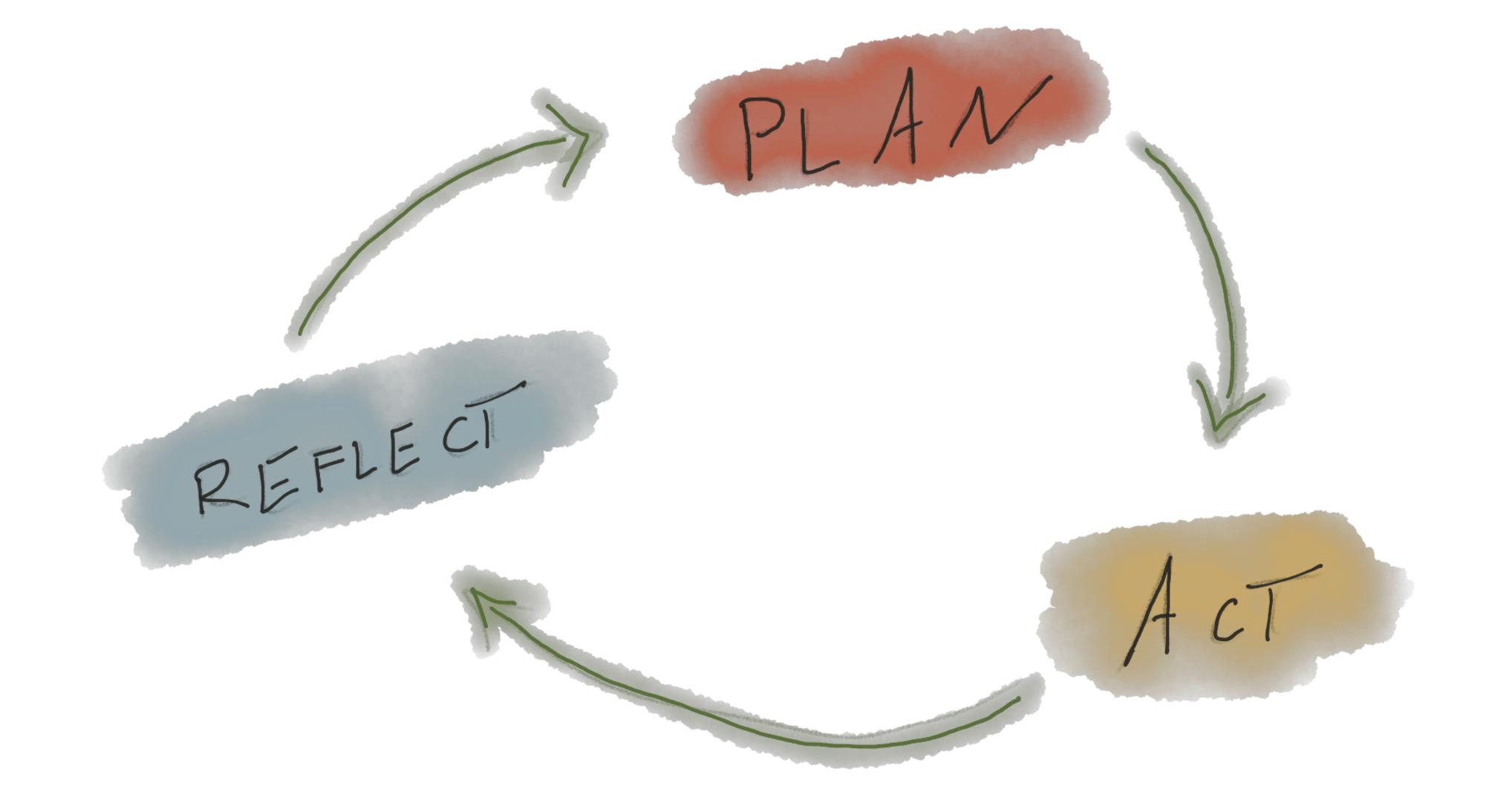
TIME & ATTENTION MANAGEMENT



THE BUILDING BLOCKS OF A GOALS SYSTEM

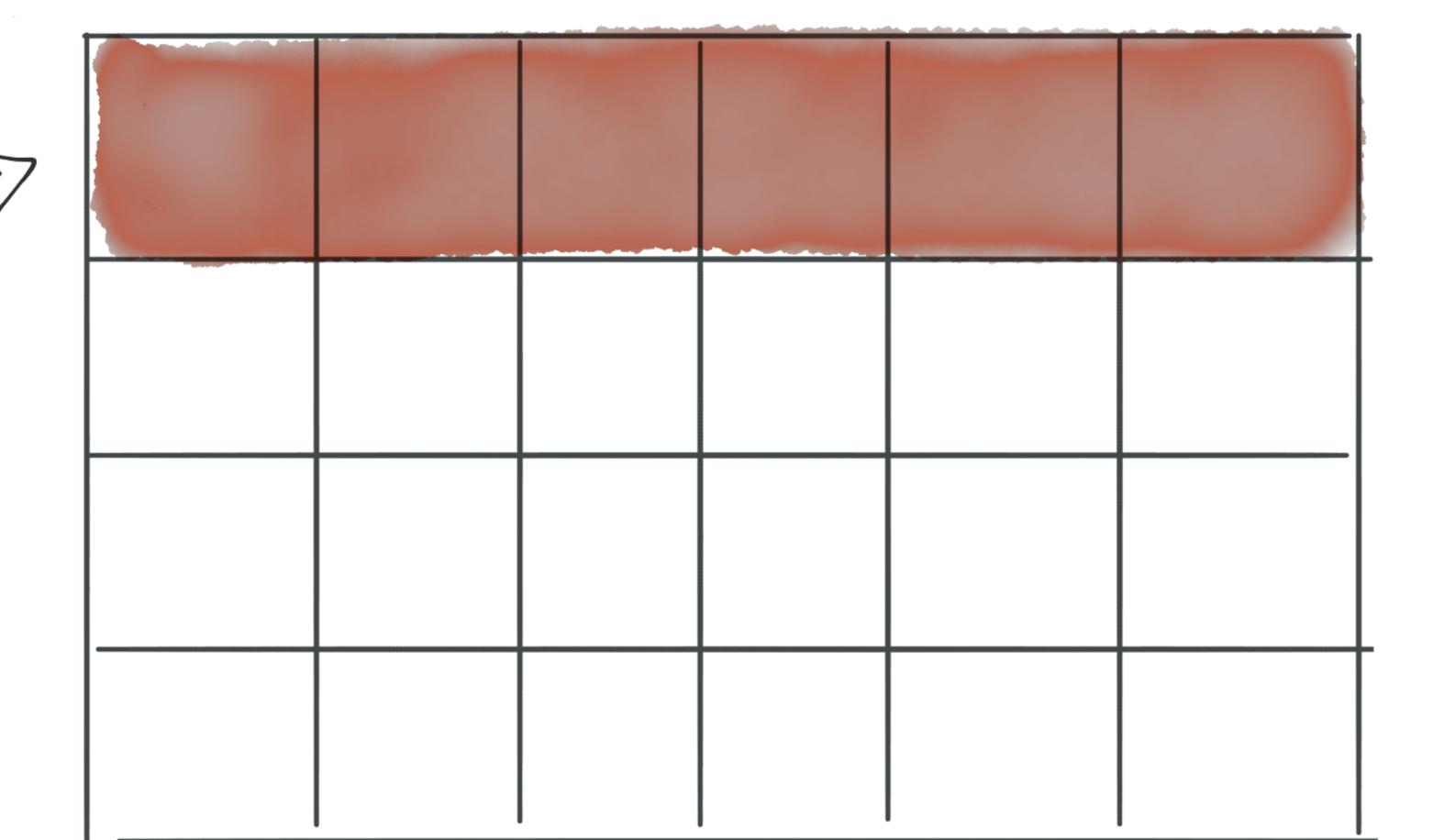
fantastic

- 1. Vision
- 2. Plan
- 3. Actions (and Habits)
- 4. Review



PLAN Your Month

PLAN YOUR WEEK



Your

PLAN Your Month

How will I define success this month?

FOR THE MONTH OF

		,
MONT	HLY GOALS	
	How will you define success for this month? Who	at are your goals and desired outcomes?
GOAL 1		
MOTIVE		
GOAL 2		
MOTIVE		
GOAL 3		
MOTIVE		
	· · · · · · · · · · · · · · · · · · ·	
GOAL 4		
MOTIVE		
	How will you accomplish the above goals and de resources, time, people, etc.?	sired outcomes? What do you need in terms of mindset,
GOAL 1		
GOAL 2		

GOAL 3		
GOAL 4		

3 or 4 OUTCOMES and "WHY" MOTIVE

FOR THE MONTH OF

MONT	HLY GOALS		
· And	How will you define success for this month? Who	at are your goals and desired outcomes?	7
GOAL 1			
MOTIVE			
GOAL 2			
MOTIVE			
GOAL 3			
MOTIVE			
GOAL 4 MOTIVE			
hi Ti	How will you accomplish the above goals and de	sired outcomes? What do you need in terms of mindset,	9
	resources, time, people, etc.?	:	
GOAL 1			
GOAL 2			
GOAL 3			
GOAL 4			

HOW

MONTHLY GOALS		FOR THE MONTH OF	
	How will you define success for this month? Wh	at are your goals and desired outcomes?	
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MOTIVE			
GOAL 2			
MOTIVE			
GOAL 3			
MOTIVE			
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GOAL 4			
MOTIVE			
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		a so as file in a gardies in the star sear of the	
L'AME	resources, time, people, etc.?	te les Res (2 in 1 In 18 18 18 18 18 18 18 18 18 18 18 18 18	
GOAL 1			
GOAL 2			
GOAL 3			
GOAL 4			

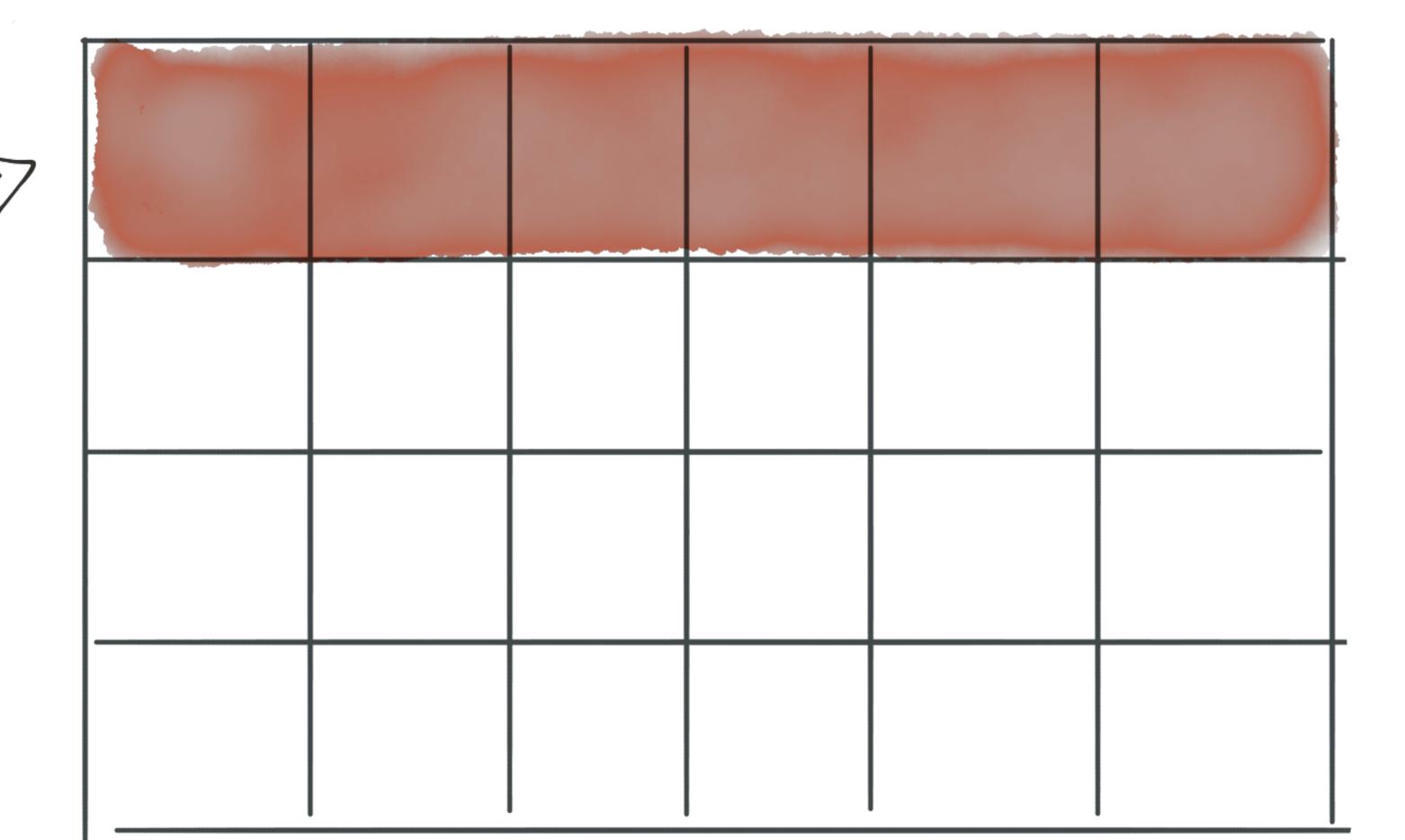
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Focus is Essential

FOR THE MONTH OF

IONT	HLY GOALS	
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	How will you define success for this month? Who	at are your goals and desired outcomes:
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OAL 4		
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		sired outcomes? What do you need in terms of mindset,
	resources, time, people, etc.?	
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OAL 2		
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OAL 3		
	<u> </u>	
OAL 4		
VAL 4		

PLAN YOUR WEEK



How will I define success this week?

WEEKI	Y PLAN		
List this w	eek's three most importan	t goals, and your motivation behind them.	
GOAL 1			
MOTIVE			
GOAL 2			
MOTIVE			
	,		
GOAL 3			
MOTIVE			

FOR THE WEEK OF

List any events, milestones, or commitments happening this week. Also, any habits or routines you are working on.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
,				,
)			

NOTES, ETC.

3 OUTCOMES and "WHY" MOTIVE

WEEKLY PLAN		
ARATA STAGE	ADRING SELECTION OF THE SECOND	was seen been as
ist this week's three m	ost important goals, and your motivation behind them.	
GOAL 1		
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iOAL 3		
MOTIVE		

FOR THE WEEK OF

List any events, milestones, or commitments happening this week. Also, any habits or routines you are working on.

NOTES, ETC.

Events, milestones, commitments.

Daily Focus.

		FOR THE WEEK OF	F
WEEKI	Y PLAN		Y
ist this w	eek's three most importan	t goals, and your motivation behind them.	
GOAL 1			
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GOAL 2			
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GOAL 3			
МОТIVE			

List any events, milestones, or commitments happening this week. Also, any habits or routines you are working on.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Malanda Jin Alena Sana		The state of the s	i Barra Maria Salahan i

Review Your Week

Highlights
Wins
Accomplishments
Lessons Learned
Etc...

WEEK	LY PLAN	
List this w	eek's three most importan	t goals, and your motivation behind them.
GOAL 1		
MOTIVE		
GOAL 2		
MOTIVE		
	,	
GOAL 3		
MOTIVE		

FOR THE WEEK OF

List any events, milestones, or commitments happening this week. Also, any habits or routines you are working on.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

NOTES, ETC.

Your

What Good Shall I Do This Day?

		,			
DAILY I	PLANNER				
Vhat are t	oday's three most imp	ortant tasks? How long a	o you need for each one	?	
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•					
	ur schedule for the day you will work on each	: known events and comr task above.	nitments,		
	,				
TIME	EVENT / ACTIVITY /	TASK			NOTES, ETC
				· ·	

3 Most Important Tasks

DAILY PI	LANNER				
PAVALES.	Sign and supplied	A. Rogert Sent	Carlo Bassic	Side States	salara ber
What are too	day's three most impor	tant tasks? How long o	do you need for each one	?	<u> </u>
List out your	schodulo for the day k	moure overts and com	nitm outs		······i
	Sies Weit Cook	Property of the second	nitments.	The service of the se	A STATE OF THE
TIME	EVENT / ACTIVITY / TA	ISK			NOTES, ETC.

Schedule for Your day + tasks

DAIL	LY PLANNER					
What o	are today's three most in	nportant tasks? How	long do you need fo	r each one?		
	i					
	t your schedule for the d hen you will work on eac		commitments,			
	in Signing .		100 Car (3 a)	i nie a spirit		
TIME	EVENT / ACTIVITY					NOTES,
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Other Notes, etc.

AILY PLANNER					
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PDF templates will be emailed to you.

